

Behavior Inventory
Chris Moles
The Heart of Domestic Abuse
Appendix B

The following questions are based on behavior that many men have admitted to using in relationships. Please answer these questions honestly.

1. Have you ever physically harmed or physically frightened your wife?
2. Have you ever used any of the following behaviors in your relationship? Mark all that apply:
 - Slapped
 - Punched
 - Grabbed her around the neck/throat
 - Kicked
 - Pushed/shoved
 - Thrown something at her
 - Tore her clothes
 - Spit at her
 - Pulled hair
 - Restrained her
 - Other _____
3. Have you ever frightened her by certain looks, gestures, or actions?
4. Have you ever used any of the following behaviors in your relationship? Mark all that apply:
 - Screamed at her
 - Broken things
 - Destroyed her property
 - Displayed weapons
 - Other _____
5. Have you ever ridiculed or belittled your wife?
6. Have you ever used any of the following behaviors in your relationship? Mark all that apply:
 - Put her down
 - Called her names
 - Humiliated her
 - Made her feel guilty
 - Interrupted her sleeping or eating
 - Accused her of flirting or cheating on you
 - Other _____

7. Have you been suspicious or attempted to catch your wife in the wrong?
8. Have you ever used any of the following behaviors in your relationship? Mark all that apply:
- Kept her from going places she chooses like work, school, seeing family or friends
 - Opened her mail
 - Listened to her phone conversations
 - Followed her around
 - Questioned her about her whereabouts
 - Other _____
9. Have you ever been accused of abusive behavior?
10. How have you responded to these accusations? Mark all that apply:
- Made light of abuse
 - Said it was her fault
 - Said it didn't happen
 - Blamed someone or something else
 - Admitted it. "I have been abusive."
 - Other _____
11. Do you have any children?
12. Have you ever used any of the following behaviors in your relationship? Mark all that apply:
- Told children she is not a good mother
 - Threatened to take away the children
 - Used children to deliver messages
 - Used visitation to harass her
 - Other _____
13. Have you ever "taken advantage" of your wife?
14. Have you ever used any of the following behaviors in your relationship? Mark all that apply:
- Treated her like a servant
 - Acted like the "master of the castle"
 - Told her what her role/job is
 - Not done fair share of housework
 - Made household rules without her input
 - Expected her to be sexual whenever you wanted
 - Other _____

15. Have you ever used money or finances to control or pressure your wife?

16. Have you ever used any of the following behaviors in your relationship? Mark all that apply:

- Prevented her from working outside the home
- Made her ask for money
- Withheld information about the family income
- Kept the checkbook from her
- Made major financial decisions without her input
- Not paid child support
- Other _____

17. Have you ever made threats to your wife?

18. Have you ever used any of the following behaviors in your relationship? Mark all that apply:

- Threatened or harmed her
- Tried to get her to drop charges or an order for protection
- Threatened to harm her family or friends
- Made her do something illegal
- Other _____

19. Have you ever used the Scriptures to support any of these behaviors?

20. Have you ever quoted Bible verses or used Christian concepts to do any of the following? Mark all that apply:

- Establish your “headship”
- Demand her submission
- Require her to forgive you
- Excuse your behavior
- Make her feel guilty
- Threaten her with God’s judgment or Hell?
- Other _____